

September 19, 2018

Issue 3

Welcome

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### CURES Mandatory Use

The Controlled Substance Utilization Review and Evaluation System (CURES) was certified for statewide use by the Department of Justice (DOJ) on April 2, 2018. Therefore, the mandate to consult CURES prior to prescribing, ordering, administering, or furnishing a Schedule II–IV controlled substance becomes effective on October 2, 2018. A list of frequently asked questions (FAQs) regarding CURES mandatory use is available on the Medical Board's website [here](#).

For additional information regarding the new CURES system, visit the Medical Board's [website](#) or tune into the webinar they created [here](#).



### What's in this Issue:

[CURES Mandatory Use](#)

[As Opioid Crisis Rages, Some Trade 'Tough Love' For Empathy](#)

[California Medical Association Presentation](#)

[Webinar: Remaining Optimistic When Treating OUD: Burnout Challenges and Stressors for Clinicians and Physicians](#)

[Partnership HealthPlan of California's Managing Pain Safely Project Update](#)

### Valuable Resources:

[Our Pathways to Health Workshops](#)

[Morphine Equivalent Calculator](#)

[Safe Prescribing Guidelines](#)

[Complete Reference Manual for Assessment and Treatment of Acute and Chronic Pain](#)

### Upcoming Events:

[National Recovery Month is the month of September](#)

[Overdose Prevention Workgroup](#)

**As Opioid Crisis Rages, Some Trade 'Tough Love' For Empathy**



[Meeting is September 25th](#)

[Hepatitis C Task Force Meeting is September 26th](#)

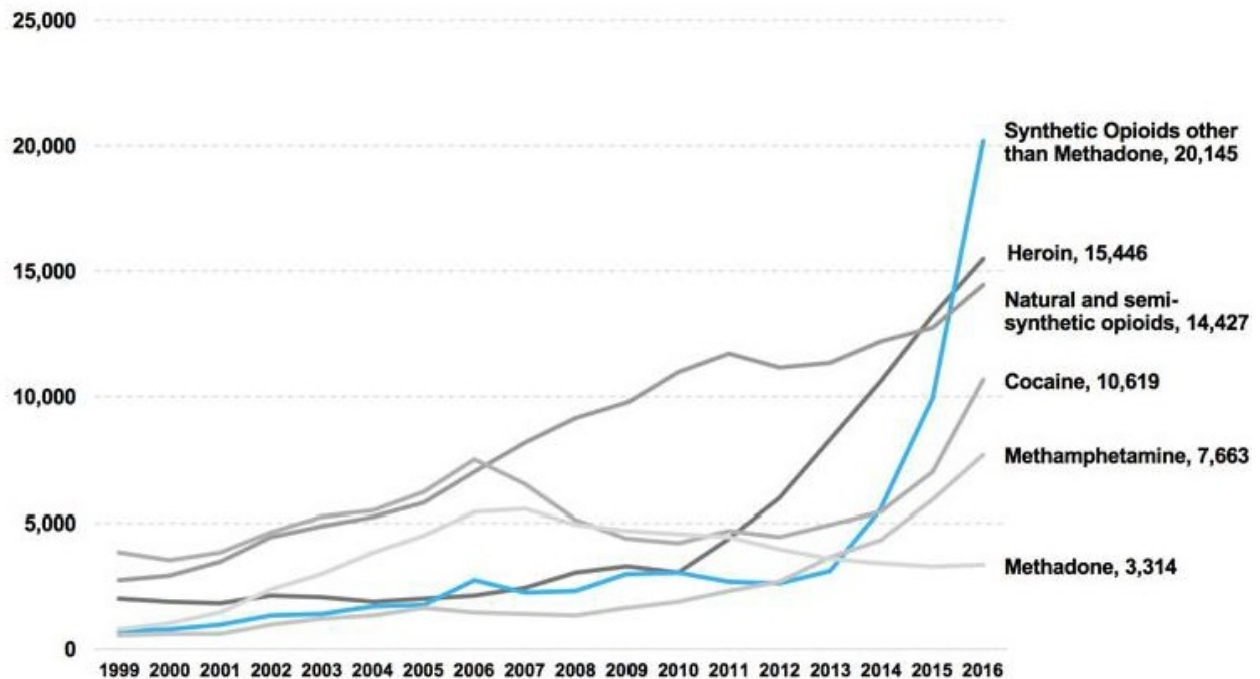
Rx Safe Humboldt Coalition Meeting is Friday, September 28th from 8:30-9:30 am

[PacOut Green Team Cleanup at Mad River Beach Park is October 13th](#)

[MAT Waiver Training on October 19th in Eureka](#)

As we reflect on National Recovery Month, make the time to read this [article](#) from Kaiser Health News about Bea and Doug Duncan. Their son Jeff was kicked out of a sober home after being caught using drugs. The Duncans gave Jeff an ultimatum: go back to rehab or leave home. Jeff chose the latter. Addiction affects the whole family. Bea and Doug sought help and found a program that stresses empathy called Community Reinforcement and Family Training or [CRAFT](#). Read the complete article [here](#).

## Drugs Involved in U.S. Overdose Deaths, 2000 to 2016



At our Rx Safe Humboldt August meeting we briefly discussed a presentation that was shared at a recent California Medical Association Council on Legislation meeting. Review the presentation [here](#).

Source: Centers for Disease Control and Prevention, National Center for Health Statistics

**Webinar: Remaining Optimistic When Treating**

JOIN THE VOICES FOR RECOVERY  
invest in **health**, **home**, **purpose**, and **community**

National  
*Recovery Month*  
Prevention • Treatment • Education • Policy Research  
September 2018



## ODU: Burnout Challenges and Stressors for Clinicians and Physicians - Oct. 11th

This webinar will discuss the challenges of treating the OUD consumer. Dr. Carol

Clayton and Dr. Karl Haake will discuss how consumer characteristics, administrative barriers, low fee structures, and the nature of substance use disorders in general create a high degree of stress and burnout for the treating provider.

Learn from these passionate experts how to support your providers with techniques to stay motivated and positive when treating opioid addiction and tips for identifying and self-management for clinician/physician stress.

Register [here](#).

### Update from Partnership HealthPlan of California's Managing Pain Safely Project

Partnership HealthPlan of California (PHC) started the Managing Pain Safely (MPS) project in 2014 in an effort to decrease unsafe dose opioids (drugs such as, but not limited to, Morphine, Hydrocodone, Methadone, OxyContin), specifically reducing members to 120mg Morphine Equivalent per Day (MED) or lower. The program's focus is to increase awareness of the importance of safe opioid medication usage.

Effective October 1, 2018 PHC's formulary changes will reduce opioid prescriptions from 120mg Morphine Equivalent per Day (MED) to 90mg Morphine Equivalent per Day.

Please read [this document](#) that summarizes the formulary changes and also features a FAQ.



TAKING PAIN  
MEDICATION? ASK  
YOUR DOCTOR  
ABOUT OVERDOSE.

### Rx Safe Humboldt's Overdose Prevention Workgroup

The Overdose Prevention Workgroup goals are:

- Data sharing related to overdose deaths and hospitalizations.
- Increased distribution of Naloxone
- Increase community awareness of overdose and risk of opioids
- Overdose prevention training
- Reconstitute AOD death review

Interested in attending the workgroup and becoming more involved? The next meeting is **Tuesday, September 25th** from Noon to 1:30 pm at **908 7th**

Street in Eureka at the  
Community Wellness Center in  
their conference room

## Hepatitis C Task Force Meeting September 26th

The next Hepatitis C Task Force meeting is on Wednesday, September 26th from 8:00 to 10:00 am at the Eureka Community Health & Wellness Center in the upstairs large conference room at 2200 Tydd

Street. Please save the date! The agenda is still being formed but will include a presentation from United Indian Health Services (UIHS) highlighting successful approaches to treating Hep C, updates about Project ECHO, coordination efforts to seek funding for systems improvements, and updates from the Navigation Guide Workgroup.



If you have ideas for the agenda, or questions, please reach out to Lara Weiss [here](#).



## PacOut Green Team Cleanup on October 13th

This event is sponsored by AEGIS Treatment Centers and St. Joseph Health. The focus will be on the parking area, dunes, and beach around the Bay Street area of Samoa Beach.

Please meet at the Bay Street parking area at 8:45 am to sign in. The event starts at 9:00 am, we meet for our group photo and raffle at 9:45 am, and finish up at 10:00 am.

Let PacOut Green Team know you will attend on their [Facebook event page](#). We look forward to seeing you there on October 13th!

## MAT Waiver Training on October 19th in Eureka

This **FREE** training session is the in-person portion of the Half and Half MAT Waiver Training. **CMEs will be provided at NO COST!** The training is ideal for MDs, DOs, PAs and NPs who are interested in prescribing buprenorphine. Physicians require 8 hours of training to apply to the Drug Enforcement Agency for a waiver to prescribe buprenorphine. PAs and NPs are required to complete 24 hours of training, 8 hours of MAT training plus an additional 16 hours of specialized training. **Registration is required.** Follow this [link](#), scroll down, and select the fourth option for October 19th. Next, scroll down once more and answer the series of informational questions. Finally, click on the orange **Done** button.

If you have questions, concerns, special needs, or require additional information before registering for this training contact Christian Frable by [email](#) or **phone** at (310) 794-8127.

**Map to the training at Sequoia Conference Center:**



## California Hub and Spoke System Presents

# American Academy of Addiction Psychiatry (AAAP) DATA 2000 Waiver Trainings

The American Academy of Addiction Psychiatry, the California Department of Health Care Services-funded California Hub and Spoke System, and UCLA Integrated Substance Abuse Programs are offering multiple Medication Assisted Treatment (MAT) Waiver Trainings across California from September to December 2018. *Space is limited* and registration will be filled on a first come, first served basis.

These half-day training sessions are the *in-person* portion of the Half and Half MAT Waiver Training. This training is ideal for MDs, DOs, PAs and NPs who are interested in prescribing buprenorphine.

For more information about the steps needed to obtain the Data 2000 Waiver to prescribe buprenorphine, go to <https://pcssnow.org/education-training/mat-training/>.

**CLICK HERE TO REGISTER!**

Or visit: <https://www.surveymonkey.com/r/WaiverTrainingHSS>

Please contact Christian Frable by phone (310) 794-8127 or e-mail ([CFrable@mednet.ucla.edu](mailto:CFrable@mednet.ucla.edu)) if you have questions, concerns, special needs, or require additional information before registering for this web training series.

### CMEs will be provided at NO COST!

**CME Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AAAP, the California Department of Health Care Services and UCLA. AAAP is accredited by the ACCME to provide continuing medical education for physicians.

**Credit Designation:** American Academy of Addiction Psychiatry designates this Other activity ("Half and Half" - Half face-to-face live course and Half online course) for a maximum of 8 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Method of physician participation in the learning process:** Credit will only be awarded for completing both the "first" and the "second" half of the training. To be awarded a maximum of 8 AMA PRA Category 1 Credits™ and a Buprenorphine Training Completion Certificate you must complete 4.25 hours of the first live half and 3.75 hours of the second enduring half and receive a minimum cumulative score of 75% on the examination. No partial credit is awarded for this training.



Providers  
Clinical Support  
System

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